



HORA TE PAI PĀNUI WHAKAPĀ

Ākuhata 2025 August

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Hora Te Pai: Hui Whakakaupapa

On Thursday, June 5th, our kaimahi gathered at Whakarongotai Marae for a hui whakakaupapa, hosted by the hau kāinga, ahi kā, Ātiawa ki Whakarongotai. This kaupapa provided an opportunity to deepen our understanding of Ātiawatanga and explore how its values are reflected in our mahi.

The hui whakakaupapa created a space for kaimahi to reflect on their purpose, reconnect with our organisational values, and explore Ātiawatanga as a living expression of whakapapa and mana whenua.

The framework for our wānanga was drawn from Te Kawariki, a marae-based hauora programme designed by Hora Te Pai in 2023. Te Kawariki is led by iwi kaiwhakahaere Mohi Edwin and Kristie Parata and continues to strengthen kaupapa-based capability.



Honouring Koro Don: Rakauoteora Te Maipi

Tangi apakura ki te karanga a te mate, tangi hotuhotu te manawa, pākarukaru te ngākau i tō wehenga atu, e te rangatira kua hoki ki te pō.

E te Rakauoteora, whakangaro atu rā koe ki te huihuinga o te kahurangi, ki te kāhui whetū, ki a Matariki e tiaki tonu nei i a tātou.

Haere, haere, haere atu rā.
Moe mai rā i tō moenga roa, e moe, e oki.
E kore koe e warewaretia.

With deep sadness and immense gratitude, we acknowledge the passing of Koro Don. A beloved kaumātua of Hora Te Pai and our hapori, whose wisdom, humour, love for people & community touched all who knew him. More than a respected elder, Koro Don was a mentor, storyteller, and teacher. His gentle guidance helped embed tikanga Māori into all we do, always weaving mana and wairua into every kaupapa.

His ability to honour serious moments with warmth and laughter was a unique gift. His tireless mahi, generosity, and deep commitment have shaped our journey as a hapori and whānau-based organisation.

Arohanui ki tō whānau i tēnei wā taumaha. Ka tangi te ngākau, ka tangi te iwi.



Winter Wellness Day: A Day of Connection, Care and Community

Our recent Winter Wellness Day at Hora Te Pai was a success, dedicated to looking after the wellbeing of our whānau heading into the colder months.

We were proud to offer free health checks, flu vaccines and immunisations - helping our community stay protected and informed. We also provided Skin checks extending to minor surgery appointments where necessary. Every visitor received a gift pack that included; warm bed socks, NZ sourced herbal tea with a tea strainer, bath salts, and a nasal decongestant. Our clinic was filled with the comforting aroma of hot delicious kai that was enjoyed by all.

We'd like to extend a heartfelt thank you to Cancer Society Kāpiti for joining us on the day, sharing valuable information and support with our whānau. Ngā mihi nui to everyone who joined us and to our amazing staff who made it all possible.



Breast Screening

Breast Screen Aotearoa offers 2 yearly mammograms to women aged 45 to 69 to screen for breast cancer. The program aims to reduce breast cancer deaths by detecting cancer early. Women can enrol or find out more information by calling 0800 270 200 or online at [Breast screening](https://www.breastscreening.govt.nz).

If any wāhine need transportation to get to their mammogram, we have a mana wahine kaiāwhina here at Hora Te Pai who can help coordinate. Call us on 04 902 7095 or 0800 122 504.

Kāpiti Cancer Care

*'Mā te kite ka mōhio
Mā te mōhio ka kitea he oranga'*

Kia ora,
Ko Dee rāua ko Kiri tēnei.
We are the Kāpiti Cancer Care team at Hora Te Pai.

If you or a whānau member has been diagnosed with cancer and are living on the Kāpiti Coast (Paekākāriki - Pekapeka), we are here to support you. We can assist with transportation to treatment, financial aid (grocery & petrol vouchers, appointment support etc), connecting you to appropriate social services, social groups and so much more.

This service is available to Māori, Pasifika, low income, and individuals with limited support. You do not have to be a patient of Hora Te Pai to access.

**Self-referrals are welcome.
Get in touch with us today.
We are here to walk this journey with you.**

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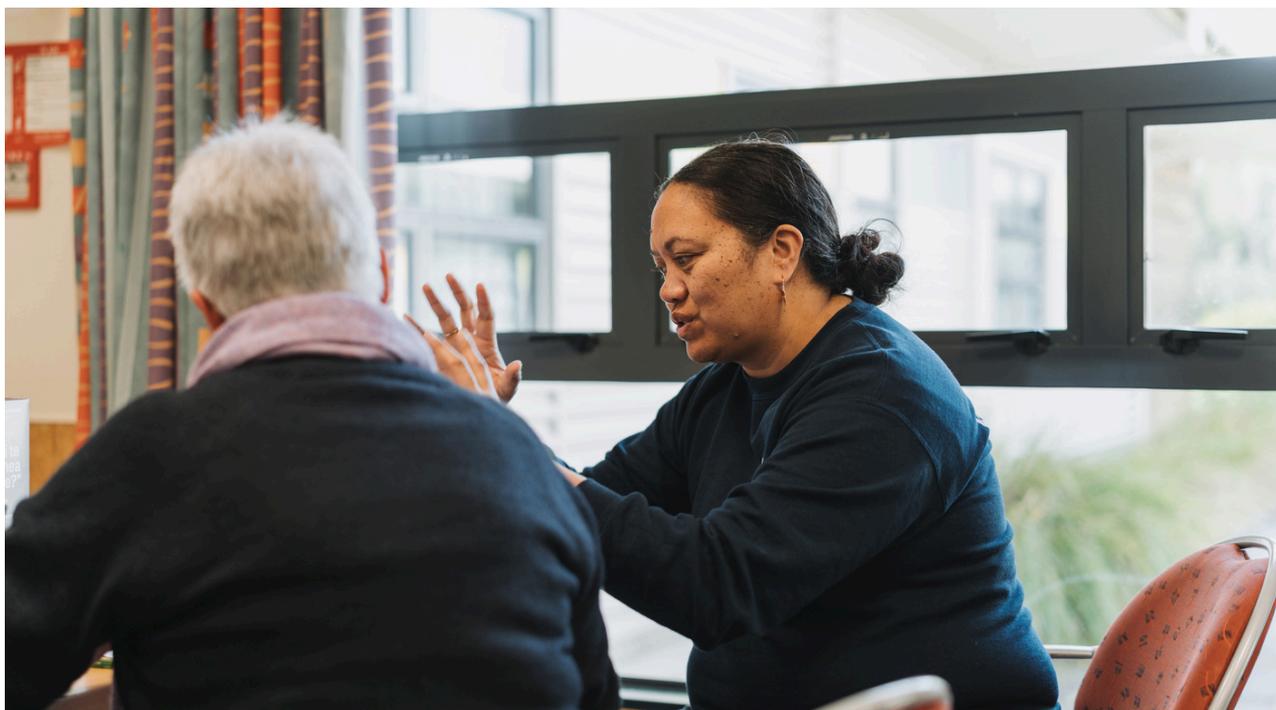


Māhutonga Launch

On 30 June, Hora Te Pai was honoured to attend the official launch of Māhutonga, the new Whānau Ora Commissioning Agency of Te Rūnanga o Toa Rangatira, held at Hongoeke Marae.

This moment marked a significant milestone in our journey — for the first time, Hora Te Pai has been commissioned under Whānau Ora. We are proud to work alongside Te Rūnanga o Toa Rangatira and Māhutonga in advancing whānau wellbeing through kaupapa Māori, by Māori for Māori.

We look forward to continuing this mahi with commitment to our whaiora, whānau and hapori.



UPCOMING EVENTS:

MARAE CLINIC: WHAKARONGOTAI MARAE 10AM-12PM

Free walk-in healthcare service with no appointments needed and you don't have to be a Hora Te Pai patient. Services include health checks, on-site nurse, benefit advocacy and IRD Support (appointment via booking only).

- **12th August** - Women's Health Workshop (with breakfast)
- **26th August** - Daffodil Day: Offering cancer support and awareness services
- **26th August - IRD Support** - send an email with your details to WellingtonAdvisoryRequest@ird.govt.nz requesting an advisory.

KAUMĀTUA KAPA HAKA FESTIVAL

You are invited to attend the Tākiri o te Ata – Kaumātua Kapa Haka Festival, taking place on **Saturday 2nd August 2025 at Te Raukura ki Kapiti (Kapiti College Performing Arts Centre)**. The day begins with a pōwhiri at 8:00am, followed by a full schedule of stunning performances from 9:00am through to approximately 4:00pm.

NGĀ RŌPŪ KORI TINANA: WEEKLY FITNESS GROUPS

- **Monday** - Tōnuitanga Kaumātua Fitness
- **Tuesday** - Chair Yoga
- **Wednesday** - Rōpū Hīkoi
- **Thursday** - Waiora
- **Friday** - Tōnuitanga Pakeke Fitness

For more information on our weekly fitness groups, join our 'HTP exercise whānau' group on Facebook or call 0800 122 504.

KĀPITI CANCER CARE

Have you or a whānau/aiga member recently been diagnosed with cancer?
We are here to help you with..



Transport to treatment



Support Groups



Financial help after diagnosis



Connecting to social services



Cancer prevention programmes

GP AND SELF REFERRALS ARE WELCOME



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