

# TAMARIKI ORA WELL CHILD SERVICE

**Tamariki Ora Service is a free home and clinic based service for tamariki living between Paekakariki and Peka Peka.**



For more information please contact:  
Tamariki Ora Nurse - Kim  
Ph (04) 902 7095  
Cell (027) 434 9206  
Monday - Friday 8.30am to 4.30pm  
or leave a message after hours

HORA TE PAI



HEALTH SERVICES

# SERVICES INCLUDE

## National Schedule Well Child Checks

### 0-5 Years:

- 4 - 6 weeks
- 8 - 10 weeks
- 3 - 4 months
- 5 - 7 months
- 9 - 12 months
- 15 - 18 months
- 2 - 3 years
- 4 years B4 School Check

Additional visits, whanau care & support are provided as needed.

## Booking System

- S.I.D.s Education
- Advice, Nutrition & Information
- Child Safety and Injury Prevention
- Breastfeeding advice and support
- Referrals as required

For support & information contact your local advocate or the health and disability commissioner on Wellington (04) 494 7900

Referrals can be made by midwives, other health providers, or by self referral.

For more information please contact:

Tamariki Ora Nurse - Kim

Ph (04) 902 7095

Cell (027) 434 9206

Monday - Friday 8.30am to 4.30pm

or leave a message after hours

HORA TE PAI



HEALTH SERVICES