

# TAMARIKI ORA WELL CHILD SERVICE

**Tamariki Ora Service is a free home and clinic based service for tamariki living between Paekakariki and Peka Peka.**

For more information please contact:  
Tamariki Ora Nurse - Sally  
Ph (04) 902 7095  
Cell (027) 434 9206  
Monday - Friday 8.30am to 4.30pm  
or leave a message after hours

HORA TE PAI



HEALTH SERVICES

# SERVICES INCLUDE

## National Schedule Well Child Checks

### 0-5 Years:

- 4 - 6 weeks
- 8 - 10 weeks
- 3 - 4 months
- 5 - 7 months
- 9 - 12 months
- 15 - 18 months
- 2 - 3 years
- 4 years B4 School Check

Additional visits, whanau care & support are provided as needed.

## Booking System

- S.I.D.s Education
- Advice, Nutrition & Information
- Child Safety and Injury Prevention
- Breastfeeding advice and support
- Referrals as required

For support & information contact your local advocate or the health and disability commissioner on Wellington (04) 494 7900

Referrals can be made by midwives, other health providers, or by self referral.

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